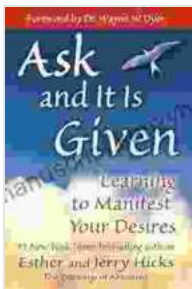


Unlock the Power of the Universe with "Ask And It Is Given"

In the vast expanse of literary wisdom, one book stands apart as a beacon of hope, inspiration, and an unparalleled blueprint for creating a life of abundance and fulfillment: "Ask And It Is Given" by Esther and Jerry Hicks.

Through a series of thought-provoking conversations and practical exercises, this groundbreaking work unveils the profound principles of manifestation, abundance, and the extraordinary power of our thoughts and emotions to shape our reality.



Ask and It Is Given: Learning to Manifest Your Desires (Law of Attraction Book 7) by Esther Hicks

★★★★☆ 4.8 out of 5

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|----------------------|-------------|
| Language | : English |
| File size | : 2479 KB |
| Text-to-Speech | : Enabled |
| Screen Reader | : Supported |
| Enhanced typesetting | : Enabled |
| X-Ray | : Enabled |
| Word Wise | : Enabled |
| Print length | : 355 pages |



The Essence of Alignment

At the heart of "Ask And It Is Given" lies the concept of alignment. The authors posit that our thoughts, emotions, beliefs, and actions must be in

harmony with the vibrational frequency of what we desire in Free Download for it to manifest into our lives.

When we are aligned, we radiate a powerful magnetic energy that attracts experiences, people, and resources that are in alignment with our desires. However, when misalignment occurs due to fear, doubt, or negative thoughts, we create a barrier that hinders the flow of abundance into our lives.

The Role of Emotional Guidance

In "Ask And It Is Given," Esther and Jerry Hicks emphasize the pivotal role of emotions in guiding us toward our desires. They refer to our emotions as "vibrational compasses" that provide real-time feedback on our alignment with our inner being.

By paying attention to how we feel, we can identify when we are in alignment with our desires and when we are resisting them. When we feel good, we are aligning with positive outcomes. When we feel bad, it is a sign that we are misaligned and need to adjust our thoughts and beliefs.

The Power of Thought

"Ask And It Is Given" reinforces the adage that "what you think about, you bring about." The authors explain that our thoughts have an incredible power to attract or repel experiences into our lives.

By consciously choosing to focus on positive thoughts and envisioning our desires as already fulfilled, we create a powerful vibrational resonance that draws them into our reality. Conversely, dwelling on negative thoughts and

focusing on what we lack creates a vibrational barrier that blocks the flow of abundance.

Emotional Well-Being: The Foundation of Manifestation

Esther and Jerry Hicks emphasize the importance of emotional well-being as the cornerstone of manifestation. They assert that aligning our emotions with positive feelings such as joy, appreciation, and love creates a fertile ground for abundance to flourish.

When we are in a state of emotional harmony, we radiate a high vibrational frequency that attracts positive experiences and opportunities. Conversely, when we allow ourselves to be consumed by negative emotions such as anger, fear, or resentment, we create a low vibrational frequency that repels abundance.

Practical Applications and Exercises

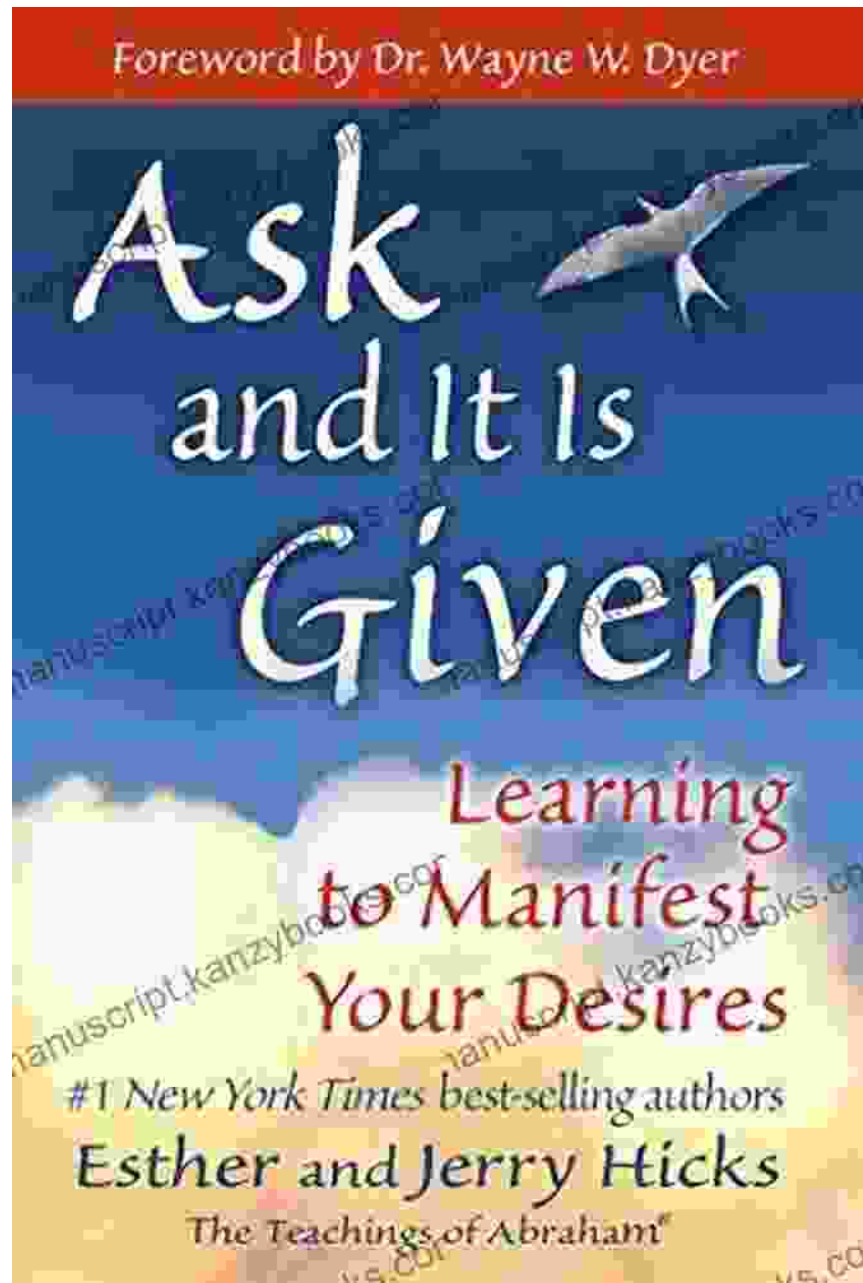
"Ask And It Is Given" is not merely a theoretical treatise; it is a practical guidebook that empowers readers to apply its principles to their own lives. The book provides a wealth of exercises and techniques designed to help readers:

- Identify and overcome limiting beliefs
- Cultivate emotional well-being
- Increase their vibrational frequency
- Manifest their desires faster
- Create a life filled with abundance and fulfillment

In the tapestry of life, "Ask And It Is Given" serves as a guiding thread, leading readers on a transformative journey toward abundance, fulfillment, and a deep understanding of their true power as creators of their own reality.

Through its profound insights, practical exercises, and unwavering optimism, this literary masterpiece empowers readers to unlock the power of the universe and create a life that is truly their heart's desire.

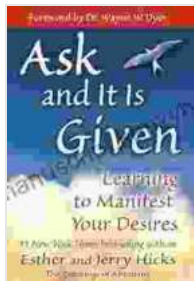
So, if you are ready to embark on a path of limitless possibilities and embrace the abundance that the universe has to offer, delve into the wisdom of "Ask And It Is Given" and discover the transformative power of alignment, emotional guidance, and the extraordinary power of your thoughts and emotions.



About the Authors

Esther and Jerry Hicks are renowned spiritual teachers and authors who have dedicated their lives to sharing the principles of the Law of Attraction and the power of positive thinking with the world.

Through their books, workshops, and online programs, they have inspired millions to embrace their true potential and create a life filled with purpose, passion, and abundance.



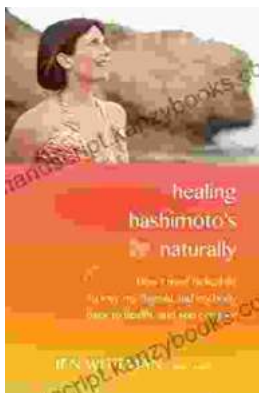
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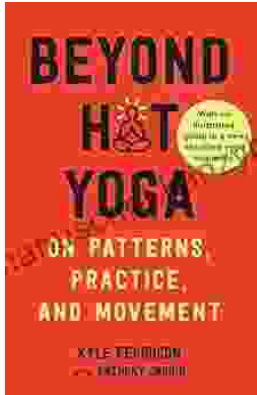


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