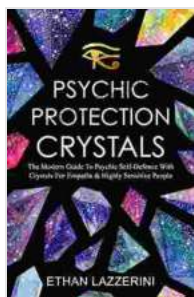


The Modern Guide to Psychic Self-Defense with Crystals: A Comprehensive Shield for Empaths and Highly Sensitive Individuals

Harness the Power of Crystals and Ancient Wisdom to Protect Your Energy

Are you an empath or highly sensitive individual who feels overwhelmed by the constant flow of energy around you? Do you often find yourself absorbing the emotions and energy of others, leaving you drained and exhausted? You're not alone.

In today's fast-paced, technologically advanced world, we are bombarded with a constant stream of stimuli that can quickly deplete our energy reserves. As empaths and highly sensitive people, we are particularly vulnerable to this energy overload. It's time to take back control of your energy and protect yourself from the overwhelming forces of the world around you.



Psychic Protection Crystals: The Modern Guide To Psychic Self Defence With Crystals For Empaths and Highly Sensitive People by Ethan Lazzerini

★★★★☆ 4.7 out of 5

Language : English
File size : 2878 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 246 pages
Lending : Enabled



Introducing "The Modern Guide to Psychic Self-Defense with Crystals"

This groundbreaking book is your comprehensive guide to understanding and defending yourself against psychic and energetic attacks. Written by renowned psychic and energy healer Anya Petrova, this book combines ancient wisdom with modern science to provide you with a powerful toolkit for self-protection.

Through in-depth explanations and practical exercises, you will learn:

- The nature of psychic attacks and energy manipulation
- How to identify different types of psychic attacks
- Effective techniques for shielding your energy

li>The power of crystals in psychic self-defense

The Protective Power of Crystals

Crystals have been used for centuries to ward off negative energy and protect against psychic attacks. In this book, you will discover the specific crystals that are most effective for psychic self-defense, including:

- Black Tourmaline: A powerful black stone that absorbs and deflects negative energy
- Selenite: A white crystal that cleanses and protects your energy field

- Amethyst: A purple crystal that enhances spiritual awareness and psychic protection
- Smoky Quartz: A brown crystal that grounds and stabilizes your energy
- Citrine: A yellow crystal that boosts your self-esteem and confidence

You will learn how to use these crystals to create a protective shield around yourself, deflect harmful energies, and enhance your overall well-being.

Empower Yourself with Ancient Wisdom

In addition to the scientific understanding of psychic self-defense, this book also draws on ancient wisdom from various cultures around the world. You will gain insights into spiritual practices, meditation techniques, and rituals that have been passed down for generations to protect against psychic attacks.

By integrating the power of crystals with ancient wisdom, you will create a comprehensive defense system that will empower you to:

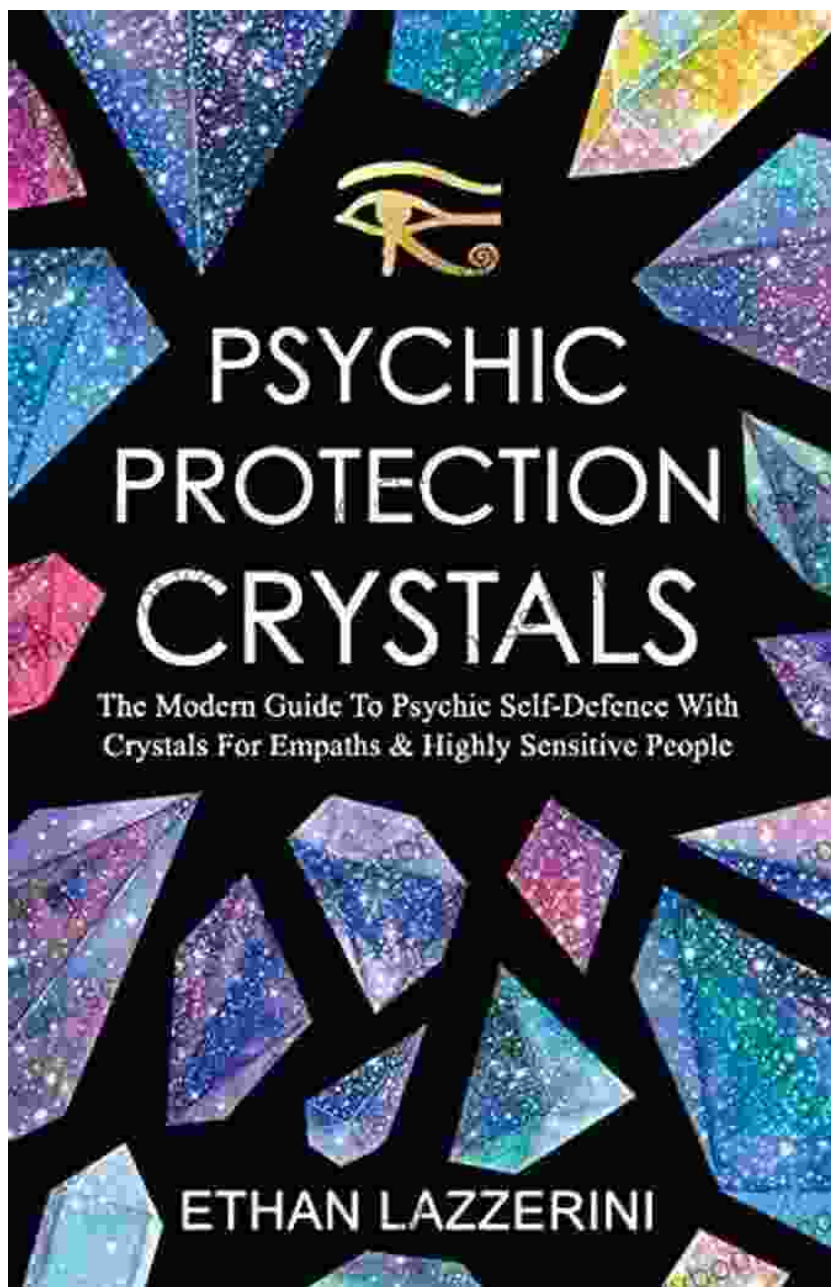
- Protect your energy from external influences
- Maintain a positive and clear mindset
- Enhance your intuitive abilities
- Live a life filled with purpose and abundance

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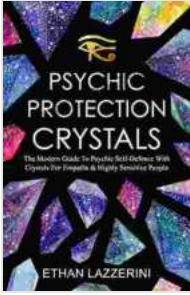
Don't let psychic attacks and energy manipulation drain your life force. Take back control of your energy and protect yourself with the knowledge and tools presented in "The Modern Guide to Psychic Self-Defense with

Crystals." Free Download your copy today and embark on a journey of self-discovery and empowerment.

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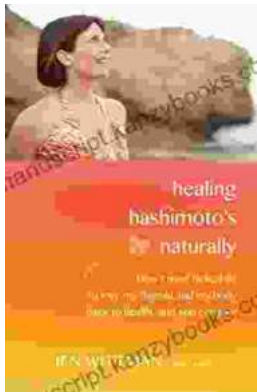


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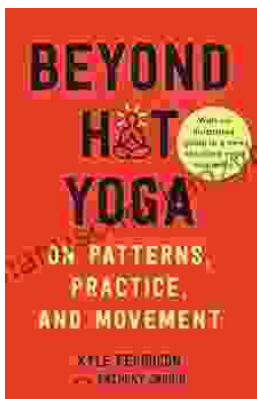
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