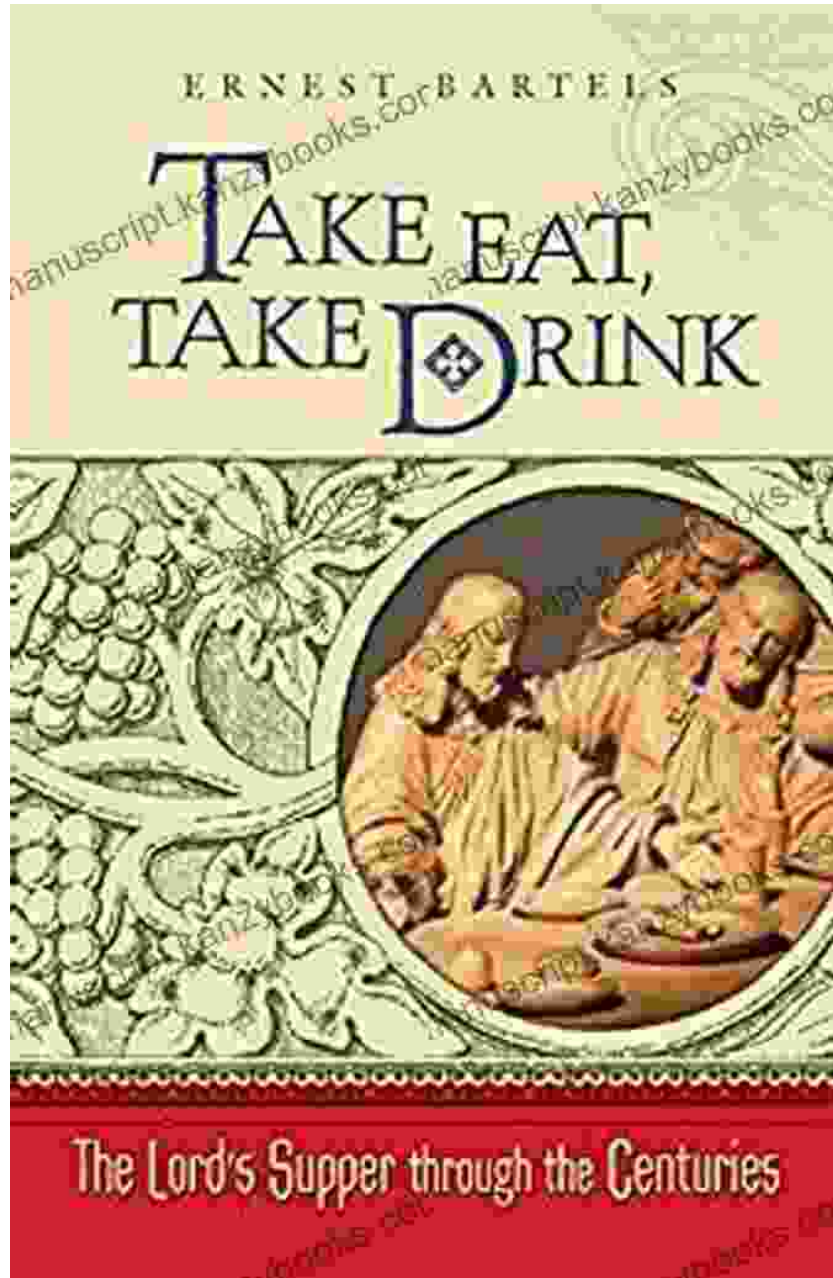


# Take Eat Take Drink: A Historical Global Journey of Forbidden Foods

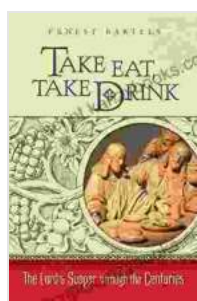


**By Ernest Bartels**

Prepare your palate for a culinary adventure that will tantalize your taste buds and challenge your preconceptions. In "Take Eat Take Drink,"

renowned food historian Ernest Bartels embarks on a globe-trotting journey to uncover the captivating stories and cultural taboos surrounding forbidden foods throughout history.

From the forbidden fruit in the Garden of Eden to the shunned delicacies of ancient Egypt, Bartels delves into the fascinating world of culinary prohibitions. He explores the motivations behind these taboos, revealing their religious, social, and environmental roots.



### **Take Eat, Take Drink** by Ernest Bartels

★ ★ ★ ★ ★ 5 out of 5

Language : English  
File size : 978 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 286 pages



Through vivid descriptions and meticulous research, Bartels takes readers on a gastronomic odyssey, introducing them to a kaleidoscope of forbidden dishes that have intrigued and repelled civilizations for centuries.

### **A Culinary Expedition into the Unknown**

Bartels's culinary journey spans continents and epochs. He traces the origins of banned meats, such as horseflesh and whale, revealing the complex ethical and dietary considerations that have influenced their consumption.

He delves into the taboo surrounding cannibalism in various cultures, unraveling the motivations and cultural norms that have shaped this practice throughout history. Bartels also examines the prohibition of certain plants and substances, such as opium and peyote, exploring their psychoactive properties and the cultural fears they have engendered.

Through Bartels's captivating narrative, readers will gain a deeper understanding of the diverse and often surprising reasons why certain foods have been deemed forbidden in different societies.

### **Food as a Reflection of Culture and History**

"Take Eat Take Drink" is not merely a culinary history; it is a reflection of the complex interplay between food, culture, and identity. Bartels demonstrates how culinary prohibitions provide a window into the beliefs, values, and fears of past and present civilizations.

By examining the shifting taboos surrounding food, Bartels sheds light on the evolution of human societies, their moral codes, and their relationship with the natural world. He invites readers to question their own assumptions about what is considered edible and to appreciate the cultural diversity of food practices.

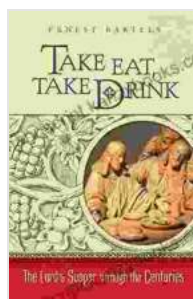
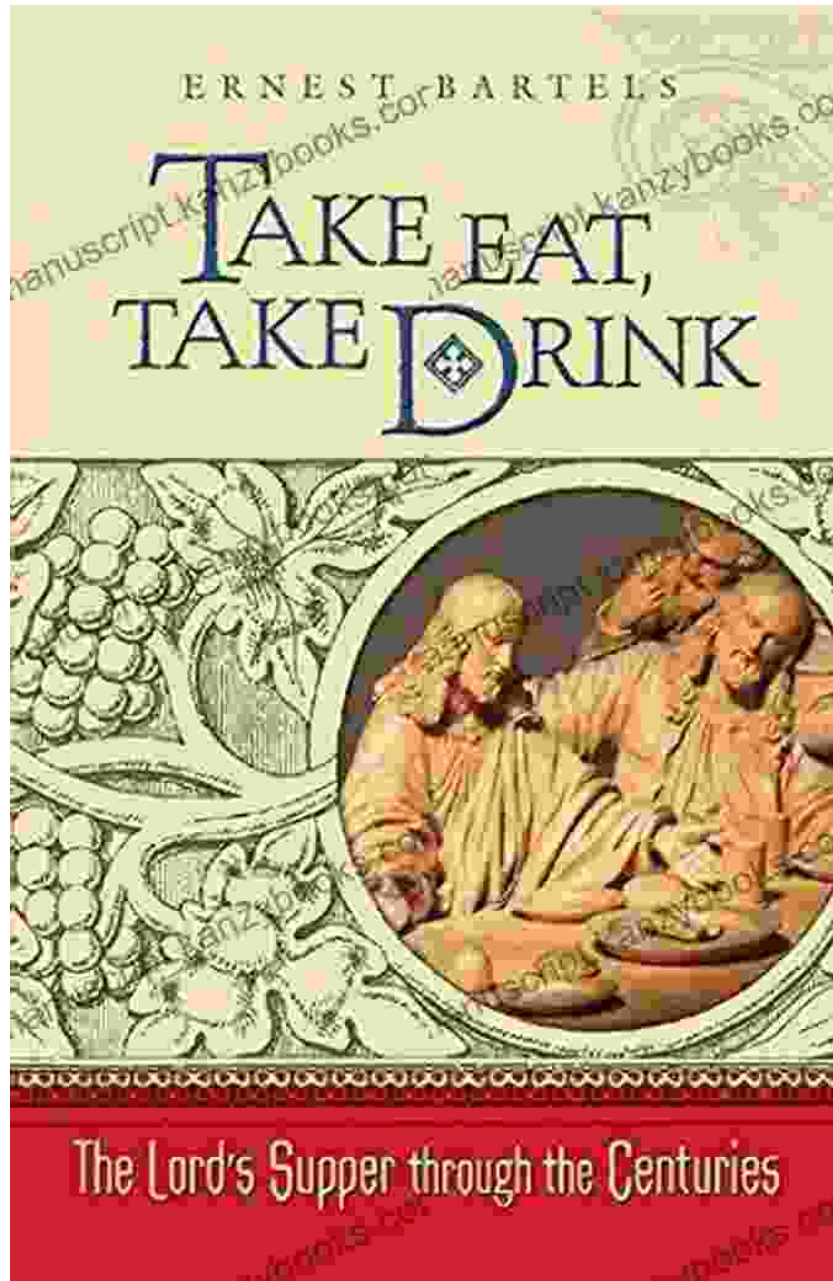
### **A Feast for the Intellect and the Palate**

Ernest Bartels's "Take Eat Take Drink" is a literary masterpiece that will captivate food enthusiasts, historians, and anyone with a curious mind. Its vivid prose and meticulous research paint a vibrant tapestry of culinary history, challenging preconceptions and expanding the boundaries of our culinary knowledge.

Whether you savor the forbidden dishes described in the book or simply appreciate the fascinating stories they tell, "Take Eat Take Drink" will leave a lasting impression. It is a book that will tantalize your taste buds, ignite your curiosity, and deepen your understanding of the cultural significance of food.

Free Download your copy today and embark on a culinary adventure that will forever change the way you think about food.

**Free Download Now**



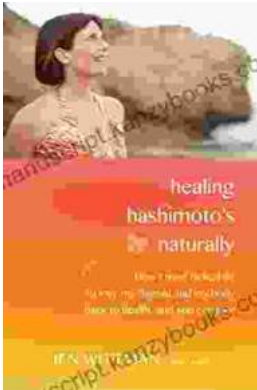
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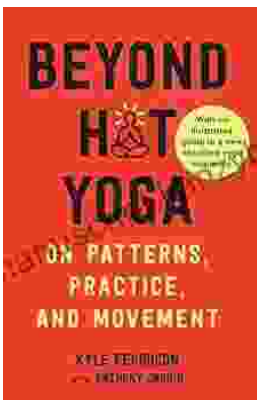
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