

# Cool Off This Summer with Authentic Mexican Ice Pops, Shaved Ice, and Aguas Frescas



## Paletas: Authentic Recipes for Mexican Ice Pops, Shaved Ice & Aguas Frescas [A Cookbook] by Fany Gerson

★★★★☆ 4.6 out of 5

Language : English  
File size : 2083 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
X-Ray : Enabled  
Print length : 149 pages



As the summer sun beats down, there's nothing more refreshing than a cool and flavorful treat. And what could be more delicious than authentic Mexican ice pops, shaved ice, and aguas frescas?

This cookbook provides you with everything you need to make these refreshing treats at home. With over 50 authentic recipes, you'll be able to cool down and enjoy the flavors of Mexico all summer long.

### Ice Pops

Ice pops are a classic summer treat, and they're especially popular in Mexico. Made with fresh fruit, juice, and sometimes even milk or yogurt, these frozen treats are a delicious and refreshing way to beat the heat.

This cookbook includes recipes for all sorts of ice pops, including:

- Classic Mexican ice pops, such as paletas de mango (mango ice pops) and paletas de fresa (strawberry ice pops)
- More unique flavors, such as paletas de aguacate (avocado ice pops) and paletas de elote (corn ice pops)
- Creamy ice pops, such as paletas de cajeta (goat's milk caramel ice pops) and paletas de arroz con leche (rice pudding ice pops)

## **Shaved Ice**

Shaved ice is another popular Mexican summer treat. It's made by shaving a block of ice into a fine powder and then topping it with fruit, syrup, and other toppings.

This cookbook includes recipes for all sorts of shaved ice, including:

- Classic Mexican shaved ice, such as raspados de fresa (strawberry shaved ice) and raspados de mango (mango shaved ice)
- More unique flavors, such as raspados de piña con chile (pineapple with chili shaved ice) and raspados de pepino con limón (cucumber with lime shaved ice)
- Gourmet shaved ice, such as raspados de mango con chamoy (mango shaved ice with chamoy sauce) and raspados de fresa con crema (strawberry shaved ice with cream)

## **Aguas Frescas**

Aguas frescas are refreshing non-alcoholic drinks made with fresh fruit, juice, and sometimes even herbs or spices. They're a popular way to cool down and hydrate in Mexico.

This cookbook includes recipes for all sorts of aguas frescas, including:

- Classic Mexican aguas frescas, such as agua de horchata (rice water) and agua de jamaica (hibiscus water)
- More unique flavors, such as agua de tamarindo (tamarind water) and agua de sandia (watermelon water)
- Gourmet aguas frescas, such as agua de pepino con limón y menta (cucumber water with lime and mint) and agua de fresa con albahaca (strawberry water with basil)

## Free Download Your Copy Today

Don't wait another summer to enjoy these delicious Mexican treats. Free Download your copy of *Authentic Recipes For Mexican Ice Pops Shaved Ice Aguas Frescas* today!

With over 50 authentic recipes, this cookbook is the perfect way to cool down and enjoy the flavors of Mexico all summer long.

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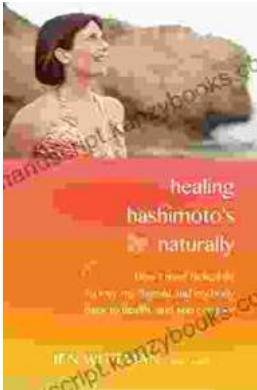
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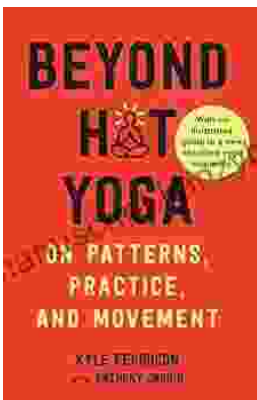
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